

MAY 2022



THE BARNABAS BULLETIN

News for Mountain Medical Teams

BE THE CHANGE TEAM IN HONDURAS



The Be the Change Team was in Honduras this month. We want to say a big thank you to the volunteers on this team who came together from Virginia, New York and Georgia to bring hope and healthcare to our partner communities. Muchas Gracias! To read their team journals, visit www.fobf.org/blog

TEAM SUPPORT FUNDRAISING LEADERBOARD

TRINITY
\$16,464

DANVILLE
\$15,560

HAMPTON ROADS
\$14,342

THANK YOU FOR GOING ABOVE & BEYOND!

Get your Friends of Barnabas Swag !

Sweatshirts
\$40

Water bottle
\$10

Hat
\$20

Stickers
\$3



Available for purchase in Honduras or from our Midlothian Office

LEADERSHIP NEWS



Ruth Marie Canahuati de Sabillon is our new Board Chair. Ruth Marie has served on the Friends of Barnabas Board since 2013 offering her services and expertise in an array of areas, especially fundraising. Ruth Marie is the Director of Operations for Grupo OPSA, a leading media group in Central America.



Linda Cordón is the newest member of our staff. She is serving as our Director of Advancement, based in San Pedro Sula. Her work will focus on advancing FOB's mission through fundraising, networking, and communications. She is excited to meet with all of our Mountain Medical Teams when they arrive in Honduras.

Updates & Reminders

- Our Medical Advisory Committee has approved adding an additional 2 team members for each team, bringing the maximum number of team members to 14.
- Please bring 2 weeks of your personal medications with you to Honduras to ensure you have enough should you experience flight delays or the need to quarantine.
- In the event of cancelled flights, FOB reserves the right to rebook volunteers as the organization sees best, taking both cost and schedule into account.
- Our policy is that you are masked while in direct contact with community members. Please adhere to this policy, and certainly do not take or post photos of yourself unmasked with children in the community.
- KN95 masks are required while in contact with patients in clinics. We understand that these can be hot, so please take mask breaks outside while practicing social distancing when needed.
- An at home COVID test taken the day before your departure to Honduras is required by FOB. If you need a test, a third round of 8 free covid tests are available through [COVID.gov/tests](https://www.covid.gov/tests)